

# HOW TO USE NALOXONE IN FREEZING TEMPS



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# NALOXONE SAVES LIVES

Naloxone is a medication that can reverse the effects of an opioid overdose and should be kept in a first aid kit. It is available in different forms, can be obtained without a prescription, and should be used in case of an emergency.

Always call 911 in a medical emergency.



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## Warning:

Narcan (naloxone) may not work in extreme cold. If stored outside or in your car. Nasal spray and vials freeze when temperatures reach below 5°F. In emergencies, if you have frozen Narcan, do not wait for it to thaw; contact emergency services immediately **and start rescue breaths if the person is not breathing.**



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# Thawing a Nasal Device

To thaw a frozen nasal device or vial, run it under hot water or hold it in a warm hand. You can also tuck vials under the armpit or groin, which are warm spots on the body that can thaw it in a few minutes.



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## Peer & Community Support

When it comes to accessing Naloxone, staying warm is important to ensure it remains effective. One option is to use a heated or insulated box. Additionally, peer recovery counselors and community health workers should visit encampments twice a week to distribute fresh naloxone and warm clothes, helping to prevent it from freezing.



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## Effectiveness:

Narcan nasal spray can be effective for up to 28 days after being frozen, but repeated freezing can reduce its effectiveness. Emergent BioSolutions has received FDA approval to extend the shelf life of Narcan nasal spray from 3 to 4 years.



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## Stock up:

\*DCCCA offers free naloxone nasal spray, fentanyl test strips, and training to Kansas residents and community organizations.

Visit <https://www.dccca.org/naloxone-kit-request-form/>

While supplies last



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# THANK YOU FOR READING



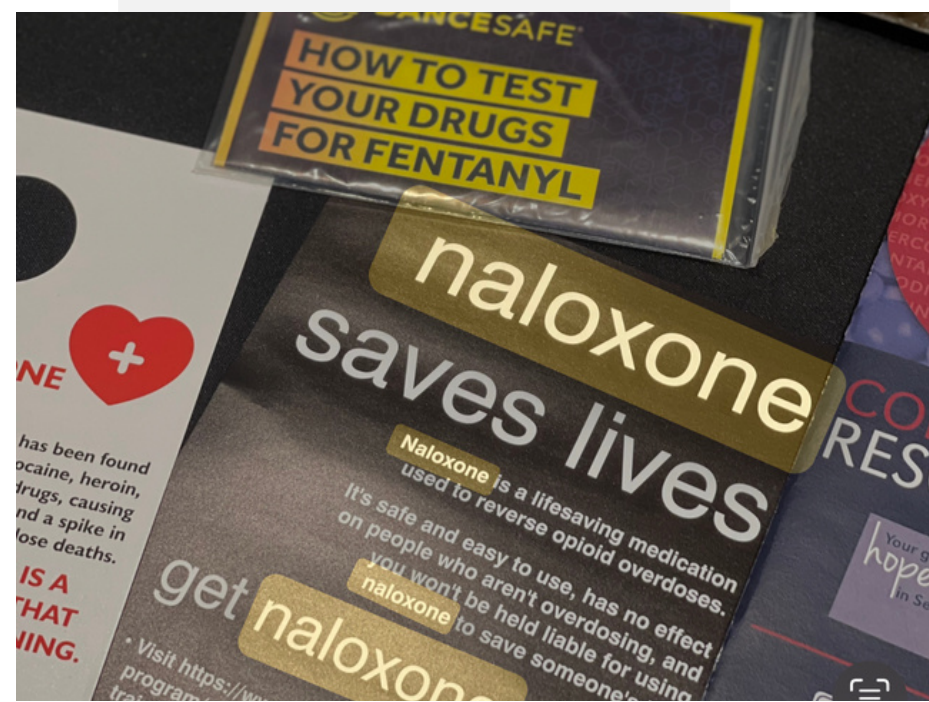
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HELP IS AVAILABLE



**If you or someone in your life is struggling with the use of substances, including alcohol, and support with recovery visit [samhsa.gov/find-help](https://www.samhsa.gov/find-help)**



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