

PREVENTION RESOURCES

Toolkits, E-Learning Modules, YouTube Videos, Webinars and Trainings



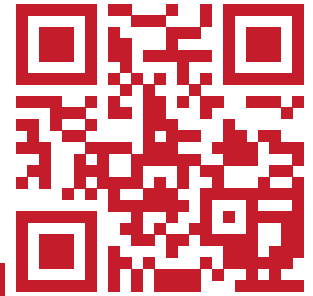
The Kansas Prevention Collaborative and DCCCA have created a variety of free toolkits, e-learning modules, webinars, YouTube videos and other resources that are available to all communities and coalitions working with prevention.

Many of these resources are available in both English and Spanish.

Links to the individual resources are listed below with its description.

Follow this link to access the PREVENTION RESOURCES in this guide:

<https://ispri.ng/mxVY1>



SUMMER 2023

TOOLKITS

THE 12 SECTORS AND GETTING THEM TO THE TABLE TOOLKIT

This toolkit reviews the 12 sectors, examples of each sector, offer tips on how to get them to your table and address challenges that may arise.

<https://ispri.ng/R2WZl>

ACES TOOLKIT

This toolkit will review ACEs, their potential impact and how protective factors can create a balance in the quality of lives.

<https://ispri.ng/XR1vq>

CHOOSING EFFECTIVE PREVENTION STRATEGIES TOOLKIT

This toolkit will review identifying appropriate strategies and the criteria needed to implement the strategies.

<https://ispri.ng/DkYLQ>

CHOOSING STRATEGIES: SCARE TACTICS TOOLKIT

History and research show that scare tactics are ineffective, can backfire, and can have damaging effects. This toolkit covers reasons why scare tactics should not be utilized.

<https://ispri.ng/09BIV>

COMMUNITY MOBILIZER TOOLKIT

A Community Mobilizer helps maintain the efforts of the coalition and provide assistance for the desired outcome of the coalition members and the community. This toolkit covers helpful skills and steps that are part of the community mobilizer's role.

<https://ispri.ng/zBv9M>

CONDUCTING A FOCUS GROUP TOOLKIT

This toolkit provides information on how focus groups can help you go beyond quantitative data and allow you to learn more about a particular problem.

<https://ispri.ng/JL30l>

To access all TOOLKITS:
<https://ispri.ng/B6XgG>

Or scan here:



COPYRIGHT SOURCES TOOLKIT

This toolkit will provide you with instructions and best practice on content gathering and source citation for presentations, modules and toolkits.
<https://ispri.ng/796B6>

DOUGLAS COUNTY VAPING RESOURCES TOOLKIT

This toolkit will provide an overview of the vaping epidemic and offer several resources in Douglas County so you and your community can access up-to-date and accurate information on this national emergency.
<https://ispri.ng/LQnzG>

DRUG ENDANGERED CHILDREN (DEC) TOOLKIT

This toolkit will provide an overview of DEC National, Kansas DEC and outline steps on creating a chapter in your community.
<https://ispri.ng/9mW3L>

EFFECTIVE COALITION MEETINGS TOOLKIT

Coalition meetings should be a time of dynamic dialogue and interaction between coalition members that determine the actions to take to achieve a common goal. This toolkit provides an overview of the elements required for effective coalition meetings.
<https://ispri.ng/69I3k>

FUNDING FOR SUSTAINABILITY TOOLKIT

This toolkit will outline how to connect operating costs to funding strategies, help identify which strategies and efforts are feasible, and prepare to continue funding your coalition beyond the grant period.
<https://ispri.ng/MJWNQ>

GRANT WRITING TIPS TOOLKIT

Grant writing doesn't have to be intimidating! This toolkit is intended to offer tips and guidance to help you successfully apply for and be awarded grant funds.
<https://ispri.ng/D2Z63>

HEALTH EQUITY TOOLKIT

In this toolkit, we will break down what health equity is, and review actions needed to achieve health equity in your community.
<https://ispri.ng/BlZQm>

LGBTQ+ CULTURAL COMPETENCE TOOLKIT

This toolkit shares information that will increase understanding and acceptance of the LGBTQ+ youth in your community.
<https://ispri.ng/KrDrY>

MEDIA CAMPAIGN STRATEGIES TOOLKIT

This toolkit provides strategies for using marketing techniques that can change perceptions and behaviors around media and the role it plays in coalition work.
<https://ispri.ng/DMNkQ>

NAVIGATING ZOOM MEETINGS TOOLKIT

This toolkit focuses on Zoom meetings and covers setting up a meeting, participating in a meeting, and tips on how to navigate Zoom meetings.
<https://ispri.ng/q9mKg>

PARTY PATROL TOOLKIT

This toolkit provides general information about Party Patrols, a strategy that increases law enforcement to reduce underage drinking.
<https://ispri.ng/LQnkG>

PREVENTION 101 TOOLKIT

This toolkit will review the basics of prevention, the three types of prevention and evidence-based strategies
<https://ispri.ng/BI5gm>

SUICIDE PREVENTION AND THE 12 SECTORS

This toolkit offers specific tasks and resources for each of the 12 sectors. Full of many resources, this is a valuable tool for all sectors and communities focusing on suicide prevention.
<https://ispri.ng/RZyzv>

PROJECT STICKER SHOCK TOOLKIT

Project Sticker Shock is a popular and effective strategy that discourages adults from buying alcohol for minors. This toolkit reviews the components of Project Sticker Shock and offers useful templates.
<https://ispri.ng/7BpGD>

RED RIBBON WEEK TOOLKIT

Ideas and activities for planning and celebrating Red Ribbon Week in your schools and communities.
<https://ispri.ng/LQ3J5>

RISK AND PROTECTIVE FACTORS TOOLKIT

This toolkit will provide an overview of risk and protective factors and how to identify them in your community.
<https://ispri.ng/D6ZDQ>

RECRUITMENT AND RETENTION TOOLKIT

Helpful information on recruiting the right people for your prevention work, and keeping them involved.
<https://ispri.ng/lpkv6>

TEEN MENTAL HEALTH TOOLKIT

This toolkit will bring awareness on how to support teens with their mental health and review how this is a critical component of substance misuse prevention.
<https://ispri.ng/JLV3L>

VISION AND MISSION STATEMENTS TOOLKIT

Your coalition's vision and mission are an expression of the values you want to see implemented in your community. This toolkit includes helpful steps for creating vision and mission statements as part of the planning of your coalition's Strategic Prevention Framework process.
<https://ispri.ng/KrnvM>

WELCOME PACKET TOOLKIT

This toolkit reviews offers suggestions on creating a welcome packet for new members of your coalition.
<https://ispri.ng/yDJvN>

YOUTH HEALTH GUIDE

This guide will give you the facts and provide you with easy steps you can take to live a healthy life physically, mentally, and emotionally.
<https://ispri.ng/yXvK6>

SUBSTANCES TOOLKITS

CBD TOOLKIT

This toolkit will explore the characteristics, legality, effects and possible adverse effects of CBD.
<https://ispri.ng/MkR20>

FENTANYL AND OPIOID OVERDOSE TOOLKIT

This toolkit reviews what fentanyl is and how it is used, the basics of overdose and how to administer naloxone.
<https://ispri.ng/kBr8n>

KRATOM TOOLKIT

This toolkit will provide an overview of what kratom is, how it is used, side effects and links to helpful resources.
<https://ispri.ng/ngnJr>

MARIJUANA TOOLKIT

This toolkit reviews important facts, statistics, and resources on marijuana.
<https://ispri.ng/V3GyW>

METH TOOLKIT

This toolkit will review all aspects of meth, how it is made, used, its effects, and its dangers.
<https://ispri.ng/v0xKZ>

VAPING RESOURCES TOOLKIT

This toolkit will provide an overview of the vaping epidemic and offer several resources so you and your community can access up-to-date and accurate information on this national emergency.
<https://ispri.ng/9mgxG>

PROBLEM GAMBLING TOOLKIT SERIES

PROBLEM GAMBLING RESOURCES TOOLKIT

This toolkit provides an overview of resources on Problem Gambling that are available to problem gamblers, family members, and concerned others who reside in Kansas.
<https://ispri.ng/5rVx0>

GAMING DISORDER TOOLKIT

This toolkit will review critical aspects of gaming disorder and offer resources for help in dealing with this challenging disorder.
<https://ispri.ng/Vr7ZW>

STRATEGIC PREVENTION FRAMEWORK TOOLKITS

The Strategic Prevention Framework is an ongoing process created to guide coalitions to plan, implement and evaluate prevention efforts for their communities. The entire process is continuous and flowing, every step is vital to the overarching goals of the coalition. Each toolkit in this series looks at a different step of the Strategic Prevention Framework and one that provides an overview of the entire Strategic Prevention Framework process.

STRATEGIC PREVENTION FRAMEWORK OVERVIEW TOOLKIT

The importance of the Strategic Prevention Framework and descriptions of the steps.
<https://ispri.ng/Zm2mK>

ASSESSMENT TOOLKIT

Profiling population needs, resources and readiness to address needs and gaps.
<https://ispri.ng/zBvBM>

CAPACITY TOOLKIT

Mobilizing and building capacity to address identified needs.
<https://ispri.ng/JL3LI>

PLANNING TOOLKIT

Developing a comprehensive strategic plan.
<https://ispri.ng/M262Q>

IMPLEMENTATION TOOLKIT

Implementing evidence-based prevention strategies.
<https://ispri.ng/KrnrM>

EVALUATION TOOLKIT

Monitoring, evaluating, sustaining and improving.
<https://ispri.ng/69I9k>

SUSTAINABILITY TOOLKIT

Supporting the ability of the coalition to maintain development and growth without compromising the future.
<https://ispri.ng/Vr75W>

CULTURAL COMPETENCE TOOLKIT

A set of congruent behaviors, attitudes, and beliefs that come together and work effectively in cross-cultural and varied socio-economical situations.
<https://ispri.ng/G2r2X>



HERRAMIENTAS DEL MARCO ESTRATÉGICO DE PREVENCIÓN ESPAÑOLA

El Marco Estratégico de Prevención es un proceso continuo creado para guiar a las coaliciones a planificar, implementar y evaluar los esfuerzos de prevención para sus comunidades. Todo el proceso es continuo y fluido, cada paso es vital para los objetivos generales de la coalición. Cada caja de herramientas de esta serie analiza un paso diferente del Marco de Prevención Estratégica y uno que proporciona una descripción general de todo el proceso del Marco de Prevención Estratégica.

CONJUNTO DE HERRAMIENTAS DEL MARCO DE PREVENCIÓN ESTRATÉGICO DESCRIPCIÓN GENERAL (OVERVIEW)

La importancia del Marco Estratégico de Prevención y descripción de los pasos.

<https://ispri.ng/5rL3G>

KIT DE HERRAMIENTAS DE EVALUACIÓN (ASSESSMENT)

Perfilar las necesidades, los recursos y la preparación de la población para abordar las necesidades y las deficiencias.

<https://ispring/ngY2L>

KIT DE HERRAMIENTAS EVALUACIÓN (CAPACITY)

Movilizar y desarrollar la capacidad para abordar las necesidades identificadas.

<https://ispri.ng/mx8y1>

KIT DE HERRAMIENTAS DE PLANIFICACIÓN (PLANNING)

Desarrollar un plan estratégico integral.

<https://ispri.ng/pNpMG>

KIT DE HERRAMIENTAS DE IMPLEMENTACIÓN (IMPLEMENTATION)

Implementar estrategias de prevención basadas en evidencia.

<https://ispri.ng/x3zQq>

KIT DE HERRAMIENTAS DE EVALUACIÓN (EVALUATION)

Seguimiento, evaluación, sostenimiento y mejora.

<https://ispri.ng/YWBnR>

KIT DE HERRAMIENTAS DE SOSTENIBILIDAD (SUSTAINABILITY)

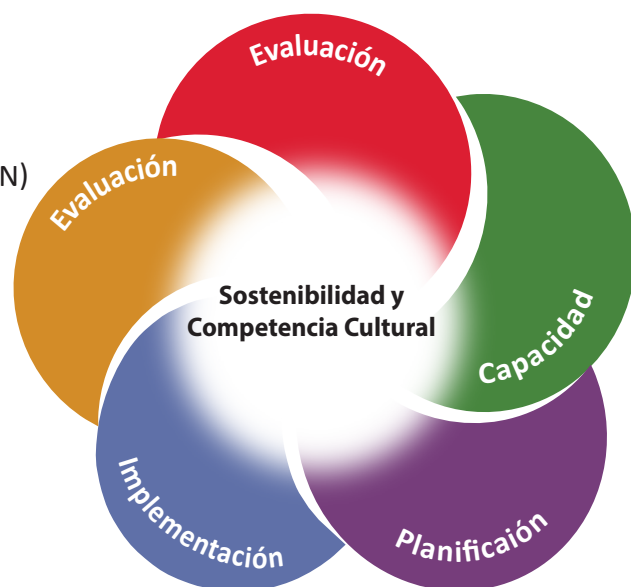
Apoyar la capacidad de la coalición para mantener el desarrollo y el crecimiento sin comprometer el futuro.

<https://ispri.ng/lpm2X>

KIT DE HERRAMIENTAS DE COMPETENCIA CULTURAL (CULTURAL COMPETENCE)

Un conjunto de comportamientos, actitudes y creencias congruentes que se unen y funcionan eficazmente en situaciones socio-económicas variadas y transculturales.

<https://ispri.ng/8qm3J>



SPANISH TOOLKITS

KIT DE HERRAMIENTAS ESPAÑOL DE LOS 12 SECTORES (12 SECTORS)

Esta caja de herramientas revisa los 12 sectores, ejemplos de cada sector, ofrece consejos sobre cómo llevarlos a su mesa y abordar los desafíos que puedan surgir.

<https://ispri.ng/JLVnI>

LAS HERRAMIENTAS PARA LOS NIÑOS EN PELIGRO POR LAS DROGAS (DEC POR SUS SIGLAS EN INGLÉS)

Este kit de herramientas proporcionará una descripción general de DEC National, Kansas DEC y describirá los pasos para crear un capítulo en su comunidad.

<https://ispri.ng/3rgy1>

FINANCIACIÓN PARA LA SOSTENIBILIDAD

Este toolkit va a delinear como conectar los costos de operación con estrategias de financiación, ayudar a identificar cuales estrategias y esfuerzos son más factible, y preparar para continuar la financiación de tu coalición más allá del periodo de las subvenciones.

<https://ispri.ng/W3x0q>

LAS HERRAMIENTAS DE KRATOM

Este conjunto de herramientas proporcionará una descripción general de qué es el kratom, cómo se usa, los efectos secundarios y enlaces a recursos para obtener más información.

<https://ispri.ng/X8z21>

KIT DE HERRAMIENTAS LGBTQ + EN ESPAÑOL (LGBTQ+)

Este kit de herramientas comparte información que aumentará la comprensión y la aceptación de los jóvenes LGBTQ + en su comunidad.

<https://ispri.ng/M2I29>

FACTORES DE RIESGO Y PROTECCIÓN

Este kit de herramientas proporcionará una descripción general de los factores de riesgo y protección y cómo identificarlos en su comunidad.

<https://ispri.ng/W3pmR>

DECLARACIONES DE VISIÓN Y MISIÓN

Una visión es tu panorama general de cómo deberían ser las cosas. Es su imagen de cartelera de lo que está trabajando. Hay ciertas características que la mayoría de las declaraciones de visión tienen en común

<https://ispri.ng/MkW8x>

E-LEARNING MODULES



To access all E-LEARNING MODULES:
<https://ispri.ng/G2nnq>

Or scan here:

KANSAS COMMUNITIES THAT CARE (KCTC) YOUTH SURVEY MODULE

The KCTC youth survey is administered annually to schools in Kansas. It tracks teen use of harmful substances, and the perceptions that influence behavior, attitudes, and opinions of Kansas teens.
<https://ispri.ng/ngGYq>

E-CIGARETTES, VAPING, AND TEENS

This module reviews what e-cigarettes are, what vaping is and how they affect the teenage brain and body. It also reviews current national regulation around distribution and usage of e-cigarettes.
<https://ispri.ng/09NZr>

PROBLEM GAMBLING: WHAT COMMUNITIES NEED TO KNOW

Defining problem gambling, warning signs of problem gambling, national and state data regarding problem gambling, responsible gambling tips and resources are all covered in this module.
<https://ispri.ng/D27zQ>

FIDELITY

This module will discuss the importance of fidelity, assist in guiding the implementation of the selected program and look at the importance of measuring how closely the program follows the intended design.
<https://ispri.ng/79NnD>

KANSAS PRESCRIPTION DRUG MISUSE SERIES

ABOUT THE EPIDEMIC

Prescription drug misuse is an epidemic affecting families and communities across the U.S. This module will provide in-depth information about the scope of the problem.
<https://ispri.ng/W3myN>

COMMONLY MISUSED MEDICATIONS AND THEIR EFFECTS ON THE BRAIN

In this second module of the Prescription Drug Misuse series, we will take a closer look at the commonly misused medications and their effects on the human brain.
<https://ispri.ng/2397v>

RISK AND PROTECTIVE FACTORS AND WARNING SIGNS

In this third module of the Prescription Drug Misuse series, we will focus on identifying the different factors that are associated with prescription drug misuse and review common warning signs.
<https://ispri.ng/kpxGq>

ADVERSE CHILDHOOD EXPERIENCES SERIES

UNDERSTANDING THE ADVERSE CHILDHOOD EXPERIENCES STUDY

This module will compare risk factors of the ACE scores and review response and resilience associated with early intervention, support and education.

<https://ispri.ng/lpZrX>

ADVERSE CHILDHOOD EXPERIENCES AND ADDICTION

ACEs are a significant risk factor for addictive behaviors, including substance use disorders. This module will review the relationship between ACEs and addiction.

<https://ispri.ng/5rNZG>

SUICIDE PREVENTION SERIES

PREVENTION SUICIDE IN OUR COMMUNITIES: HOW CAN WE ALL GET INVOLVED?

This module reviews current suicide statistics in Kansas and the US, and provides valuable information on how everyone can get involved in suicide prevention efforts.

<https://ispri.ng/m0m1m>

ADVERSE CHILDHOOD EXPERIENCES AND ADDICTION

In this module, participants should walk away with the knowledge to identify risk factors and warning signs for suicide, have a better understanding of helpful intervention strategies and how to share this information with communities.

<https://ispri.ng/nQ8L9>

STRATEGIC PREVENTION FRAMEWORK (SPF) E-LEARNING MODULES

STRATEGIC PREVENTION FRAMEWORK OVERVIEW

This is an introduction to the entire SPF process and a brief overview of each step.
<https://ispri.ng/R2vmy>

ASSESSMENT

In the first step of the SPF process, data is collected to define problems, resources, and readiness to address identified problems. This module covers assessment and what it encompasses.
<https://ispri.ng/lpzzQ>

CAPACITY

Step 2 of the SPF helps prevention professionals identify resources and build readiness to address substance use and misuse. This module covers the components of capacity and offers tips on how your coalition can build it.
<https://ispri.ng/BmRRG>

PLANNING

Step 3 of the SPF helps prevention professionals form a plan for addressing priority problems and achieving prevention goals. This module outlines the planning process and how it impacts your coalition's efforts.
<https://ispri.ng/kxvz>

IMPLEMENTATION

During the implementation step, coalitions put their strategic prevention plans into action by delivering their selected, evidence-based interventions. This module includes information about and guidance for the implementation process.
<https://ispri.ng/v27qZ>

EVALUATION

The evaluation step of the SPF quantifies the challenges and successes of implementing a prevention program. This module covers the evaluation process.
<https://ispri.ng/yDnZN>

CULTURAL COMPETENCE

Cultural competence, the ability to interact effectively with people of different cultures, helps ensure the needs of all community members are addressed. Understanding how cultural competence is pervasive throughout the entire SPF process is the focus of this module.
<https://ispri.ng/JLYZD>

SUSTAINABILITY

Ensuring the sustainability of prevention outcomes by building stakeholder support for your coalition's efforts, showing and sharing results, and obtaining steady funding are covered in this module.
<https://ispri.ng/KrxVq>



SPANISH STRATEGIC PREVENTION FRAMEWORK E-LEARNING MODULE SERIES SERIE DE MÓDULOS DE ESTRUCTURA ESTRATÉGICO DE PREVENCIÓN (SPF)

VISIÓN GENERAL DEL MARCO ESTRATÉGICO DE PREVENCIÓN (Strategic Prevention Framework Overview)

Una introducción a todo el proceso de SPF y un breve descripción general de cada paso.

<https://ispri.ng/5rNqK>

EVALUACIÓN (Assessment)

En este primer paso del proceso de SPF, se recopilan datos para definir problemas, recursos y preparación para abordar los problemas identificados. Este módulo cubre la evaluación y lo que abarca.

<https://ispri.ng/BmRMm>

CAPACIDAD (Capacity)

El paso 2 del SPF ayuda a los profesionales de la prevención a identificar recursos y a prepararse para dirigir el uso y abuso de sustancias. Este módulo cubre los componentes de la capacidad y ofrece consejos sobre cómo puede construirla su coalición.

<https://ispri.ng/8qNGI>

PLANIFICACIÓN (Planning)

El paso 3 del SPF ayuda a los profesionales de prevención a formar un plan para dirigir los problemas prioritarios y lograr los objetivos de prevención. Este módulo describe el proceso de planificación y cómo afecta los esfuerzos de su coalición.

<https://ispri.ng/9mvr3>

IMPLEMENTACIÓN (Implementation)

Durante el paso de implementación, las coaliciones ponen sus planes estratégicos de prevención en acciones mediante la entrega de sus intervenciones seleccionadas, basadas en la evidencia. Este módulo incluye información y orientación para el proceso de implementación.

<https://ispri.ng/WmKWr>

EVALUACIÓN (Evaluation)

El paso de evaluación del SPF cuantifica los desafíos y éxitos de la implementación de un programa de prevención. Este módulo cubre el proceso de evaluación.

<https://ispri.ng/BmRMm>

COMPETENCIA CULTURAL (Cultural Competence)

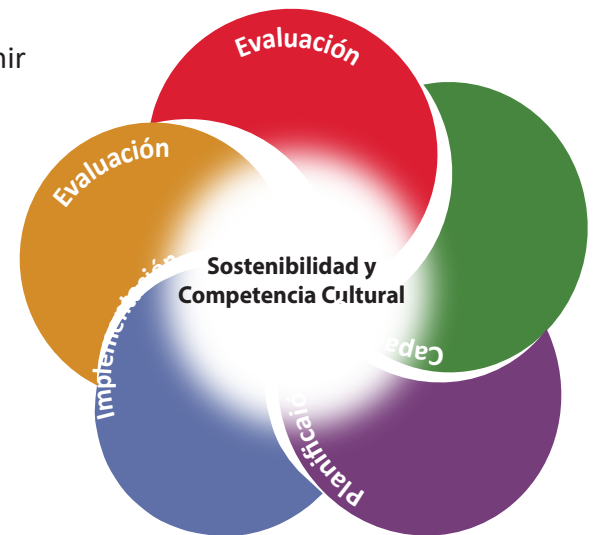
La competencia cultural es la capacidad de interactuar de manera efectiva con personas de diferentes culturas, ayuda a asegurar que se dirijan las necesidades de todos los miembros de la comunidad. Subestimar cómo la competencia cultural es omnipresente a lo largo de todo el proceso SPF es el enfoque de este módulo.

<https://ispri.ng/kxvmR>

SOSTENIBILIDAD (Sustainability)

Asegurar la sostenibilidad de los resultados de la prevención mediante la construcción de apoyo de las partes interesadas para los esfuerzos de su coalición, mostrar e intercambiar resultados, y obtener fondos constantes se cubren en este módulo.

<https://ispri.ng/69NkK>



YOUTUBE VIDEOS



To access all DCCCA YOUTUBE VIDEOS
<https://www.youtube.com/channel/UCn6G1DISuDPtHGApHjOnEEg>

Or scan here:

Substance Misuse Prevention Virtual Trainings

https://www.youtube.com/playlist?list=PLRqWIDmeAGz_eNiNDJ7PLfHzKfssKSp9f

Strategic Prevention Framework (English)

<https://www.youtube.com/playlist?list=PLRqWIDmeAGz-or11ppDb5y1UHvZySbnRP>

Strategic Prevention Framework (Spanish)

https://www.youtube.com/playlist?list=PLRqWIDmeAGz8iz1D5_Yeg_2VipvL0vtRL

Suicide Prevention (Spanish)

<https://www.youtube.com/playlist?list=PLRqWIDmeAGz8V0-CmAEOQzZ-9q5ifW30L>

Problem Gambling (English)

https://www.youtube.com/playlist?list=PLRqWIDmeAGz99trbREp7ShfMo_vHpZnQ4

Problem Gambling (Spanish)

https://www.youtube.com/playlist?list=PLRqWIDmeAGz_bw5YLX_p_Pv6ZPO039qZx

Kansas Communities That Care (KCTC) (Spanish)

<https://www.youtube.com/playlist?list=PLRqWIDmeAGz-1VHKhDXyIVcvz6FdPK6cN>

ACES (English)

<https://www.youtube.com/playlist?list=PLRqWIDmeAGz9LrV-78TeuX-54Up0j08Uc>

ACES (Spanish)

<https://www.youtube.com/playlist?list=PLRqWIDmeAGz9WgvSnjge7LCKUH7M1GdZ3>

Fidelity

<https://www.youtube.com/playlist?list=PLRqWIDmeAGz-SucGedT9Vbm8rDXHdQVnK>

RECORDED TRAININGS AND WEBINARS



To access all RECORDED TRAININGS AND WEBINARS: <https://ispri.ng/R29DI>

Or scan here:

Approaches to Reducing Youth Marijuana **56 minutes**

Dena Kemp leads this training that educates on marijuana in all forms, provides a overview of legalization, educates on the risks associated with use and discusses ways to reduce youth marijuana use.

<https://ispri.ng/z97B6>

Naloxone Training - Opioid Overdose Protection **50 minutes**

Opioid Overdose Prevention and Administration of Naloxone

This comprehensive training reviews specifics of opioid epidemic, local and national data, and signs of overdose. It will also instruct in detail how to respond to an overdose with naloxone and what follow up steps are required. At the completion of this course, a 1 credit hour Certificate of Completion will be provided.

<https://ispri.ng/V3mpW>

Narcan For Law Enforcement Video **35 minutes**

Opioid Overdose Prevention and Administration of Naloxone

A review of Narcan and how and when to administer it.

<https://ispri.ng/JLYKZ>

Sources of Strength Training **42 minutes**

Lydia Fuqua and Meg Hallesman will take you through this Sources of Strength Training. Sources of Strength is a strength-based, comprehensive wellness program that focuses on suicide prevention but impacts other issues such as substance abuse and violence. This training will review the basic information about the program and provide resources and suggestions for sharing this important information with your school or community.

<https://ispri.ng/v012V>

Understanding ACEs **46 minutes**

This webinar covers: Adverse Childhood Experiences Research, Impact of ACEs on Health and Wellness , ACEs in Kansas, Positive Childhood Experiences and ACEs Prevention

<https://ispri.ng/9xXRL>



To find the toolkits and other prevention resources visit:

<http://www.kansaspreventioncollaborative.org>

<http://www.dcca.org/prevention-resources>